

## Stonewater Fast Facts & FAQs

A Quick Guide for Therapeutic Consultants



## Fast Facts



Founded: 2017

Type of Program: Adolescent Residential and Virtual IOP

Gender: Residential - Cis male; Virtual

IOP - All genders

Ages: 12-18

Size: Residential - 15 residents

Differentiators: Family-owned; small milieu; DBT platform; psychological testing; therapists and clinical services on campus; financially accessible long lengths of stay through out-of-network insurance and in-house utilization review; robust family program with onsite visits

Staff: Licensed, masters-level therapists; MD Addictionologists; Licensed teacher; Bachelor-level direct care staff

Average Length of Stay: 60-90 days

Dual-diagnosis: Mental healthy primary or secondary with co-occurring

substance use

Insurances Accepted: All commercial out-of-network policies (SCAs possible for certain providers), Tricare

Admissions: 24/7, rolling admissions

Cost: Available after verification of insurance benefits



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Security On Campus: Security gates and fence surrounding entire 65 acre campus; Security staff on campus

What can we treat: ADHD, Anxiety, Depression, Trauma, Mood disorders, Attachment disorders, Substance use, Pornography addiction, Gaming issues, ODD, Conduct Disorder, and others Exclusionary Criteria: History of violence or aggression, particularly outside the home; Predatory sexual behaviors: Certain antisocial behaviors

Medication management: Weekly meetings with an MD to manage medications

Medical needs: Can manage a wide range of medical needs including stabilized psychosis, seizures, diabetes and chronic pain

Accreditation: MS Department of Mental Health; Joint Commission

Academics: Accredited through Cognia; Licensed teacher in the classroom; Wide range of accommodations and academic plans

possible

Family Program: Family Recovery Support Coach sessions (Licensed therapist who does not meet with the adolescents by design); Onsite visits twice monthly including a therapeutic component; Virtual Family Support Groups; Virtual sessions with the adolescent's primary therapist and family together

Clinical Approach: DBT-Informed platform with all direct care staff trained ongoing in the DBT skills; Wide variety of experientials including adventure, art, yoga, nature, equine, virtual reality and canine therapy; Peer Impact Program; Entrepreneurial programming; Life skills

Psychological Testing: Upon request with no additional cost to families







Does the adolescent have to be willing?	No
What if he is 18?	We can take 18 year olds
Do you use physical restraints?	No
How often do adolescents communicate with families?	Weekly up to twice a week
Are families or referral sources able to visit?	Yes
Can you take someone on the spectrum?	Yes if high functioning
Do you have a minimum IQ?	No
Can you take someone who is being brought by transport?	Yes
Can the student remain enrolled in their own school?	Yes
Can you accommodate private tutors or additional testing from outside of Stonewater?	Yes
Legal charges?	Yes



## Let's collaborate and build a solution for your clients.

**Consultant Contact** 

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